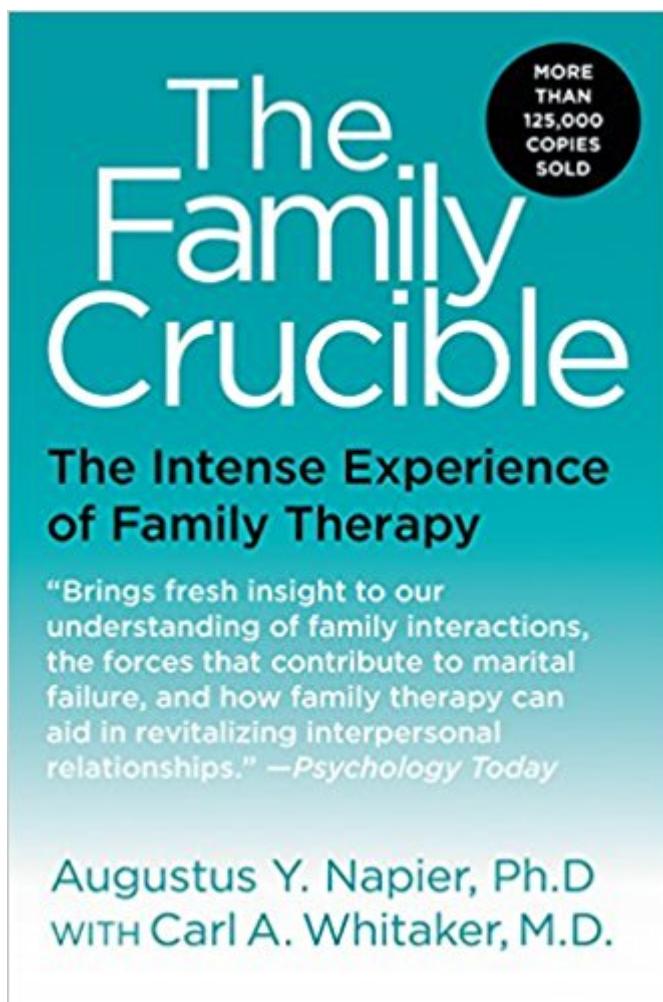


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# The Family Crucible: The Intense Experience Of Family Therapy (Perennial Library)



## **Synopsis**

This extraordinary book presents scenarios of one family's therapy experience and explains what underlies each encounter. You will discover the general patterns that are common to all families—stress, polarization and escalation, scapegoating, triangulation, blaming, and the diffusion of identity—and you will gain a vivid understanding of the intriguing field of family therapy.

## **Book Information**

Paperback: 301 pages

Publisher: Harper and Row (June 14, 1988)

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Best Sellers Rank: #8,675 in Books (See Top 100 in Books) #22 in Books > Politics & Social Sciences > Sociology > Marriage & Family #30 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry #197 in Books > Medical Books > Psychology > General

## **Customer Reviews**

... brings fresh insight to our understanding of family interactions, the forces that contribute to marital failure, and how family therapy can aid in revitalizing interpersonal relationships."--

"Psychology Today""If you have a troubled marriage, a troubled child, a troubled self, if you're in therapy or think that there's no help for your predicament, " *The Family Crucible*" will give you insights . . . that are remarkably fresh and helpful." -- "The New York Times Book Review""This is a book that shows how psychological growth occurs and opens new avenues of thought about changing daily life patterns." -- "The Los Angeles Times""Highly absorbing and readable."-- "American Journal of Psychiatry"A thoughtful, well-written book for the general reader."-- "The Milwaukee Journal"

Augustus Y. Napier was born in Decatur, Georgia, in 1938 and graduated from Wesleyan University with a B.A. in English. After deciding to become a therapist through a personal therapy experience,

he earned a Ph.D. in clinical psychology at the University of North Carolina. During an internship in the Department of Psychiatry at the University of Wisconsin-Madison, he began to work with Dr. Whitaker as a student co-therapist, an experience which formed the basis of this book. Dr. Napier later served on the faculties of the Psychiatry Department and the Child and Family Studies Program at the University of Wisconsin. He now directs The Family Workshop, a family therapy training institute in Atlanta, Georgia, where he works frequently with his wife, Margaret, who is also a family therapist. A frequent consultant, he is the author of numerous papers and of *The Fragile Bond*, published by Harper & Row in 1988. The Napiers have three children. Carl Whitaker, M.D., was professor of psychiatry at the University of Wisconsin Medical School. He was one of the founders of the field of family therapy.

Wonderful account and great insight provided for family therapy as well as group and individual therapy. Whitaker was a master and Napier, clearly a most talented therapist and writer. Never have I been so involved in a textbook. I found myself laughing out loud several times and shedding a few tears. Carl Whitaker is sorely missed.

An old book, with references to cassettes and Vhs, that still feels relevant and a vanguard. The story of a family in therapy is intertwined with snippets of wisdom and the therapists' personal stories, creating the most vivid approach to hands on training that the written word can offer. A must read for a therapist. It will make sense out of all those textbooks.

This is an EXCELELNT book for learning the dynamics of family counseling. You certainly get a great overview of the different approaches of therapy and you can learn how to tailor your own approach to this aspect of counseling. It's a very entertaining read, so you don't have to be worried about being bored. It was worth the money.

this is a must read for anyone studying to become a marriage and family therapist and it's a must read for pretty much everyone else as well! :)

This book is a good introduction to family therapy, but can definitely tell parts are dated (smoking in the office anyone?). Although some dated references, the information is still applicable to today's family systems and therapy. Its an easy enough read, though definitely comes across with some attitude of being the best. Overall though, it is a good book to get thinking about familys as systems,

and how to look at the larger picture.

Loved the book and the narrative framework. I will definitely be reading it again.

I haven't read much out of it yet but will read more soon. It has been helpful so far!

Assigned reading for grad school and I really enjoyed it.

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